

JOINT GUARD 360 STUDIES & RESEARCH

*** TURMERIC ROOT ***

Turmeric Root: (800 mg) 4 TIMES the clinically tested amount of Turmeric.⁴

Numerous Clinical studies show this helps reduce excess cortisol stress response to boost energy levels and promote and promote healthy immune function.⁴

*** TURMERIC 95%***

Turmeric 95%: (100 mg) to boost absorption.⁶

And I've added 100 mg. of 95% Turmeric Curcuminoids per capsule of the right kind of Turmeric Curcuminods to ensure proper absorption of the Turmeric because — it works!

In a clinical study, patients who received 200 mg of Turmeric as (Curcuma Longa Root) for three weeks experienced greater inflammation response with a 45% decrease in inflammation markers.⁶

That's why with Turmeric and Turmeric Curcuminoids, the dose is extremely important.

*** BioPerine® ***

BioPerine® (10 mg) – increases bioavailability of all the ingredients by a whopping 2,000%.⁶

By adding 10 mg of BioPerine® (piperine with curcumin) we significantly boosted the absorption.

*** GLUCOSAMINE ***

Glucosamine (200 mg) – to improve repair and regeneration of cartilage right where the pain begins.⁷

Glucosamine has immune-stimulating properties to repair and support healthy cartilage.⁷

Glucosamine works helps alleviate joint stress from strenuous exercise and physical activity as it aids mobility, range of motion and joint health.⁷

*** CHONDROITIN SULFATE ***

Chondroitin Sulfate (50 mg) – is a building block of cartilage that supports joint strength.⁸

Chondroitin Sulfate by helping to resist compression in the joint and attracts fluid to your joints to support cushioning and lubrication.⁸

*** GINGER EXTRACT ***

Ginger Extract (100 mg) – is a powerful anti-oxidant and anti-inflammatory herbal extract.⁹

Ginger Root Extract works in to help reduce pain, stiffness and swelling to relieve back, neck, knee, ankle, wrist and hand pain that lasts.⁹

*** BOSWELLIA EXTRACT ***

Boswellia Extract (40 mg) – delivers powerful relief from achy joints, hips and knees.¹⁰

Boswellia Extract is an strong anti-inflammatory herbal extract and helps to reduce pain from chronic inflammation such as joint pain, muscle pain, and nerve pain.¹⁰

*** MSM ***

MSM, Methylsulfonylmethane (10 mg) – is important in the formation of collagen in joints.¹¹

Collagen supports the main structure of cartilage inside the joint and helps to maintain overall strength and resilience to prevent damage from repetitive stress injury.¹¹

*** QUERCETIN ***

Quercetin (8 mg) – helps stabilize cells that release histamine in the body to block pain.¹²

Quercetin helps to block the manufacture and release of inflammation-causing substances which lead to pain, swelling and heat in joints, muscles and bones.¹²

*** METHIONINE ***

Methionine (8 mg) – is an amino acid that works with the liver to support toxin removal.¹³

Methionine helps metabolize food for energy, tissue building, and activating enzymes and helps repairs damaged cells and tissues.¹³

*** BROMELAIN ***

Bromelain (8 mg) – promoting joint comfort, cardiovascular health, and healthy digestion.¹⁴

Bromelain Supports a healthy inflammatory response to reduce the production of 5-LOX, COX-1 and COX-2 pain enzymes.¹⁴

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